



38. Kienberglauf
Oehrenstock / 30.09.2018

Detailed evaluation

Jahn, Heide

Club: Ilmenau
Number: 754

Course: 11.00 km
11 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:22:12

Speed: 8.03 km/h
Running performance: 7:28 min/km

Rank in course/Total: 31 (of 33)
Rank in course/Women: 9 (of 10)
Best time in course: 50:40

Rank in category: 2(of 2)
Best time in the category: 1:05:06