



38. Kienberglauf
Oehrenstock / 30.09.2018

Detailed evaluation

Krämer, Sascha

Club: Ilmenau
Number: 906

Course: 16.00 km
16 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:25:54

Speed: 11.18 km/h
Running performance: 5:22 min/km

Rank in course/Total: 13 (of 23)

Rank in course/Men: 12 (of 19)

Best time in course: 1:02:07

Rank in category: 5(of 6)

Best time in the category: 1:02:07