



18. Kirschlauf
Kleinfahrer / 17.06.2018

Detailed evaluation

Föt, Sören

Club: GutMuths-Rennsteiglaufverein
Number: 100

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:02:43

Speed: 13.39 km/h
Running performance: 4:29 min/km

Rank in course/Total: 12 (of 164)

Rank in course/Men: 12 (of 124)

Best time in course: 47:12

Rank in category: 3(of 15)

Best time in the category: 50:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	26:19	4:32	2	4:53	11	6:10	5.80	26:19	4:32	2	4:53	11	6:10
Finish	8.20	36:24	4:26	3	7:26	15	9:21	14.00	1:02:43	4:28	3	12:19	12	15:31