



18. Kirschlauf
Kleinfahner / 17.06.2018

Detailed evaluation

Hartwig, Maik

Club: Free Runner Sömmerda
Number: 73

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:04:02

Speed: 13.12 km/h
Running performance: 4:34 min/km

Rank in course/Total: 14 (of 164)

Rank in course/Men: 14 (of 124)

Best time in course: 47:12

Rank in category: 1(of 13)

Best time in the category: 1:04:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	28:12	4:51	1	-	22	8:03	5.80	28:12	4:51	1	-	22	8:03
Finish	8.20	35:50	4:22	1	-	12	8:47	14.00	1:04:02	4:34	1	-	14	16:50