



18. Kirschlauf  
Kleinfahrer / 17.06.2018

Detailed evaluation

Rosenbaum, Ralf

Club: RTriathlon Friedrichroda  
Number: 156

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:05:48

Speed: 12.77 km/h  
Running performance: 4:42 min/km

Rank in course/Total: 24 (of 164)

Rank in course/Men: 22 (of 124)

Best time in course: 47:12

Rank in category: 3(of 23)

Best time in the category: 57:26

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Kontrolle	5.80	27:53	4:48	4	3:22	19	7:44	5.80	27:53	4:48	4	3:22	19	7:44
Finish	8.20	37:55	4:37	4	5:00	23	10:52	14.00	1:05:48	4:42	3	8:22	22	18:36