



18. Kirschlauf  
Kleinfahner / 17.06.2018

Detailed evaluation

Birnstein, Olaf

Club: Chemnitz  
Number: 6

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:06:07

Speed: 12.70 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 25 (of 164)

Rank in course/Men: 23 (of 124)

Best time in course: 47:12

Rank in category: 4(of 23)

Best time in the category: 57:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	28:33	4:55	5	4:02	28	8:24	5.80	28:33	4:55	5	4:02	28	8:24
Finish	8.20	37:34	4:34	3	4:39	20	10:31	14.00	1:06:07	4:43	4	8:41	23	18:55