



18. Kirschlauf
Kleinfahner / 17.06.2018

Detailed evaluation

Held, Thoralf

Club: SSV Erfurt 02
Number: 94

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:07:51

Speed: 12.38 km/h
Running performance: 4:51 min/km

Rank in course/Total: 29 (of 164)

Rank in course/Men: 27 (of 124)

Best time in course: 47:12

Rank in category: 6(of 23)

Best time in the category: 57:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	28:51	4:58	6	4:20	29	8:42	5.80	28:51	4:58	6	4:20	29	8:42
Finish	8.20	39:00	4:45	7	6:05	30	11:57	14.00	1:07:51	4:50	6	10:25	27	20:39