



18. Kirschlauf
Kleinfahner / 17.06.2018

Detailed evaluation

Carl, Rene

Club: WalschbergRunners
Number: 31

Course: 14.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:09:50

Speed: 12.03 km/h
Running performance: 4:59 min/km

Rank in course/Total: 38 (of 164)

Rank in course/Men: 36 (of 124)

Best time in course: 47:12

Rank in category: 7(of 12)

Best time in the category: 58:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	29:40	5:06	7	5:02	35	9:31	5.80	29:40	5:06	7	5:02	35	9:31
Finish	8.20	40:10	4:53	7	6:47	37	13:07	14.00	1:09:50	4:59	7	11:49	36	22:38