



18. Kirschlauf
Kleinfahrer / 17.06.2018

Detailed evaluation

Herrmann, Steffen

Club: Bad Langensalza
Number: 20

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:10:23

Speed: 11.93 km/h
Running performance: 5:02 min/km

Rank in course/Total: 40 (of 164)

Rank in course/Men: 38 (of 124)

Best time in course: 47:12

Rank in category: 6(of 19)

Best time in the category: 1:04:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Kontrolle	5.80	29:39	5:06	5	1:55	33	9:30	5.80	29:39	5:06	5	1:55	33	9:30
Finish	8.20	40:44	4:58	7	4:10	39	13:41	14.00	1:10:23	5:01	6	5:30	38	23:11