



18. Kirschlauf
Kleinfahrer / 17.06.2018

Detailed evaluation

Almeroth, Lutz

Club: LTV Erfurt
Number: 135

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:12:02

Speed: 11.66 km/h
Running performance: 5:09 min/km

Rank in course/Total: 45 (of 164)

Rank in course/Men: 43 (of 124)

Best time in course: 47:12

Rank in category: 6(of 15)

Best time in the category: 1:08:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	30:46	5:18	3	1:32	40	10:37	5.80	30:46	5:18	3	1:32	40	10:37
Finish	8.20	41:16	5:01	6	2:51	47	14:13	14.00	1:12:02	5:08	6	3:18	43	24:50