



18. Kirschlauf
Kleinfahrer / 17.06.2018

Detailed evaluation

Jacob, Jens-Oliver

Club: Oskars Läufer
Number: 143

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:12:39

Speed: 11.56 km/h
Running performance: 5:11 min/km

Rank in course/Total: 51 (of 164)

Rank in course/Men: 48 (of 124)

Best time in course: 47:12

Rank in category: 10(of 19)

Best time in the category: 1:04:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	31:16	5:23	9	3:32	45	11:07	5.80	31:16	5:23	9	3:32	45	11:07
Finish	8.20	41:23	5:02	9	4:49	48	14:20	14.00	1:12:39	5:11	10	7:46	48	25:27