



18. Kirschlauf
Kleinfahrer / 17.06.2018

Detailed evaluation

Assig, Matthias

Club: RhodeRunner
Number: 3

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:15:25

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course/Total: 65 (of 164)

Rank in course/Men: 59 (of 124)

Best time in course: 47:12

Rank in category: 7(of 15)

Best time in the category: 1:08:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	32:08	5:32	7	2:54	58	11:59	5.80	32:08	5:32	7	2:54	58	11:59
Finish	8.20	43:17	5:16	7	4:52	62	16:14	14.00	1:15:25	5:23	7	6:41	59	28:13