



18. Kirschlauf
Kleinfahrer / 17.06.2018

Detailed evaluation

Kästner, Bernd

Club: Mittwochslaufgruppe
Number: 49

Course: 14.00 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:19:13

Speed: 10.60 km/h
Running performance: 5:40 min/km

Rank in course/Total: 88 (of 164)

Rank in course/Men: 78 (of 124)

Best time in course: 47:12

Rank in category: 5(of 10)

Best time in the category: 1:10:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	34:06	5:52	5	3:43	80	13:57	5.80	34:06	5:52	5	3:43	80	13:57
Finish	8.20	45:07	5:30	5	5:04	79	18:04	14.00	1:19:13	5:39	5	8:47	78	32:01