



18. Kirschlauf
Kleinfahner / 17.06.2018

Detailed evaluation

Ristow, Beate

Club: SV Bad Berka
Number: 414

Course: 14.00 km
Nordic Walking

Category:
Nordic Walking weiblich

Total time: 2:09:41

Speed: 6.48 km/h
Running performance: 9:16 min/km

Rank in course/Total: 9 (of 16)
Rank in course/Women: 6 (of 10)
Best time in course: 1:59:39

Rank in category: 6(of 10)
Best time in the category: 1:59:39

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Kontrolle | 5.80 | 55:47 | 9:37 | 5 | 4:30 | 5 | 4:30 | 5.80 | 55:47 | 9:37 | 5 | 4:30 | 5 | 4:30 |
| Finish | 8.20 | 1:13:54 | 9:00 | 4 | 5:32 | 4 | 5:32 | 14.00 | 2:09:41 | 9:15 | 6 | 10:02 | 6 | 10:02 |