



# KLOSTERLAUF - MENSEN ERNST TRAIL 2018

Kloster Anrode / 26.05.2018

## Detailed evaluation

**Prokop, Mateusz**

Club: Ruhla

Number: 1004

Course: 16.00 km

MENSEN-ERNST-TRAIL

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:13:27

Speed: 13.07 km/h

Running performance: 4:35 min/km

Rank in course/Total: 2 (of 10)

Rank in course/Men: 2 (of 7)

Best time in course: 1:11:14

Rank in category: 1(of 1)

Best time in the category: 1:13:27