



KLOSTERLAUF - MENSEN ERNST TRAIL 2018

Kloster Anrode / 26.05.2018

Detailed evaluation

Spangenberg, Andreas

Club: 1. Eichsfelder Sportclub

Number: 1008

Course: 16.00 km

MENSEN-ERNST-TRAIL

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:15:57

Speed: 12.64 km/h

Running performance: 4:45 min/km

Rank in course/Total: 3 (of 10)

Rank in course/Men: 3 (of 7)

Best time in course: 1:11:14

Rank in category: 1(of 2)

Best time in the category: 1:15:57