



# KLOSTERLAUF - MENSEN ERNST TRAIL 2018

Kloster Anrode / 26.05.2018

## Detailed evaluation

**Fromm, Matthias**

Club: SG Bickenriede

Number: 1011

Course: 16.00 km

MENSEN-ERNST-TRAIL

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:23:03

Speed: 11.56 km/h

Running performance: 5:11 min/km

Rank in course/Total: 5 (of 10)

Rank in course/Men: 4 (of 7)

Best time in course: 1:11:14

Rank in category: 2(of 2)

Best time in the category: 1:15:57