



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HÖLZEL, Pascal

Club: Sportshop-Triathlon Team

Number: 87

Course: 9.75 km

10 km Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 55:02

Speed: 9.81 km/h

Running performance: 5:38 min/km

Rank in course/Total: 107 (of 215)

Rank in course/Men: 84 (of 134)

Best time in course: 36:45

Rank in category: 4(of 4)

Best time in the category: 37:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:43	4:50	4	4:03	54	4:11	3.25	15:43	4:50	4	4:03	54	4:11
Lap 2	3.25	20:21	6:15	4	7:15	102	7:46	6.50	36:04	5:32	4	11:18	83	11:49
Last lap Finish	3.25	18:58	5:50	4	6:29	89	6:29	9.75	55:02	5:38	4	17:47	84	18:17