



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**HIRTES, Benjamin**

Club: -

Number: 82

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 55:11

Speed: 10.60 km/h

Running performance: 5:40 min/km

Rank in course/Total: 109 (of 215)

Rank in course/Men: 86 (of 134)

Best time in course: 36:45

Rank in category: 8(of 13)

Best time in the category: 37:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:19	5:38	9	6:47	98	6:47	3.25	18:19	5:38	9	6:47	98	6:47
Lap 2	3.25	18:37	5:43	8	5:54	85	6:02	6.50	36:56	5:40	8	12:41	91	12:41
Last lap Finish	3.25	18:15	5:36	7	5:17	76	5:46	9.75	55:11	5:39	8	17:58	86	18:26