



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WIRSING, Gunther

Club: BSG JVA Würzburg

Number: 249

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 56:27

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 119 (of 215)

Rank in course/Men: 93 (of 134)

Best time in course: 36:45

Rank in category: 15(of 19)

Best time in the category: 37:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:59	5:50	19	7:13	109	7:27	3.25	18:59	5:50	19	7:13	109	7:27
Lap 2	3.25	18:52	5:48	15	5:52	90	6:17	6.50	37:51	5:49	17	13:05	98	13:36
Last lap Finish	3.25	18:36	5:43	14	5:48	84	6:07	9.75	56:27	5:47	15	18:53	93	19:42