



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BECK, Svenja

Club: -

Number: 12

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 56:50

Speed: 9.50 km/h

Running performance: 5:50 min/km

Rank in course/Total: 120 (of 215)

Rank in course/Women: 27 (of 81)

Best time in course: 41:42

Rank in category: 6(of 13)

Best time in the category: 42:39

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:27	5:40	5	4:57	30	5:03	3.25	18:27	5:40	5	4:57	30	5:03
Lap 2	3.25	19:20	5:56	6	4:51	28	5:25	6.50	37:47	5:48	5	9:48	26	10:28
Last lap Finish	3.25	19:03	5:51	6	4:23	25	4:40	9.75	56:50	5:49	6	14:11	28	37:37