



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MATALLA, Gerd

Club: SV 1916 Beuna

Number: 136

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 41:16

Speed: 13.09 km/h

Running performance: 4:14 min/km

Rank in course/Total: 14 (of 215)

Rank in course/Men: 14 (of 134)

Best time in course: 36:45

Rank in category: 1(of 11)

Best time in the category: 41:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:56	3:58	1	-	14	1:24	3.25	12:56	3:58	1	-	14	1:24
Lap 2	3.25	14:04	4:19	1	-	15	1:29	6.50	27:00	4:09	1	-	12	2:45
Last lap Finish	3.25	14:16	4:23	2	0:12	18	1:47	9.75	41:16	4:13	1	-	14	4:31