



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

FRANKE, Mathias

Club: -

Number: 43

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 56:53

Speed: 9.49 km/h

Running performance: 5:50 min/km

Rank in course/Total: 121 (of 215)

Rank in course/Men: 94 (of 134)

Best time in course: 36:45

Rank in category: 8(of 14)

Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:27	5:59	11	5:48	113	7:55	3.25	19:27	5:59	11	5:48	113	7:55
Lap 2	3.25	19:16	5:55	8	4:48	93	6:41	6.50	38:43	5:57	9	10:36	100	14:28
Last lap Finish	3.25	18:10	5:35	7	3:43	70	5:41	9.75	56:53	5:50	8	14:19	94	20:08