



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHLICHTIG, Katja

Club: DJK Teutonia Gaustadt

Number: 197

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 57:19

Speed: 9.42 km/h

Running performance: 5:53 min/km

Rank in course/Total: 123 (of 215)

Rank in course/Women: 28 (of 81)

Best time in course: 41:42

Rank in category: 5(of 12)

Best time in the category: 49:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:04	6:10	11	4:31	50	6:40	3.25	20:04	6:10	11	4:31	50	6:40
Lap 2	3.25	18:56	5:49	5	2:19	26	5:01	6.50	39:00	6:00	6	6:33	33	11:41
Last lap Finish	3.25	18:19	5:38	5	1:40	24	3:56	9.75	57:19	5:52	5	8:13	29	38:06