



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HILMER, Martin

Club: -

Number: 81

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 57:42

Speed: 9.36 km/h

Running performance: 5:55 min/km

Rank in course/Total: 128 (of 215)

Rank in course/Men: 98 (of 134)

Best time in course: 36:45

Rank in category: 18(of 19)

Best time in the category: 37:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:10	5:16	12	5:24	79	5:38	3.25	17:10	5:16	12	5:24	79	5:38
Lap 2	3.25	20:04	6:10	18	7:04	98	7:29	6.50	37:14	5:43	16	12:28	94	12:59
Last lap Finish	3.25	20:28	6:17	18	7:40	106	7:59	9.75	57:42	5:55	18	20:08	98	20:57