



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HILMER, Martin

Club: -

Number: 81

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 57:42

Speed: 9.36 km/h

Running performance: 5:55 min/km

Rank in course/Total: 128 (of 215)

Rank in course/Men: 98 (of 134)

Best time in course: 36:45

Rank in category: 18(of 19)

Best time in the category: 37:34

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:10 | 5:16 | 12 | 5:24 | 79 | 5:38 | 3.25 | 17:10 | 5:16 | 12 | 5:24 | 79 | 5:38 |
| Lap 2 | 3.25 | 20:04 | 6:10 | 18 | 7:04 | 98 | 7:29 | 6.50 | 37:14 | 5:43 | 16 | 12:28 | 94 | 12:59 |
| Last lap Finish | 3.25 | 20:28 | 6:17 | 18 | 7:40 | 106 | 7:59 | 9.75 | 57:42 | 5:55 | 18 | 20:08 | 98 | 20:57 |