



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

KRAUS, Christian

Club: TSV Ausbach

Number: 110

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 41:13

Speed: 13.10 km/h

Running performance: 4:14 min/km

Rank in course/Total: 13 (of 215)

Rank in course/Men: 13 (of 134)

Best time in course: 36:45

Rank in category: 3(of 22)

Best time in the category: 38:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:26	4:26	3	2:16	32	2:54	3.25	14:26	4:26	3	2:16	32	2:54
Lap 2	3.25	13:21	4:06	3	0:21	9	0:46	6.50	27:47	4:16	3	2:37	18	3:32
Last lap Finish	3.25	13:26	4:08	3	0:25	8	0:57	9.75	41:13	4:13	3	2:54	13	4:28