



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**STEFFAN, Torsten**

Club: SV 1916 Beuna

Number: 223

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 58:46

Speed: 9.19 km/h

Running performance: 6:02 min/km

Rank in course/Total: 135 (of 215)

Rank in course/Men: 102 (of 134)

Best time in course: 36:45

Rank in category: 10(of 11)

Best time in the category: 41:16

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:13	5:36	10	5:17	96	6:41	3.25	18:13	5:36	10	5:17	96	6:41
Lap 2	3.25	20:53	6:25	10	6:49	107	8:18	6.50	39:06	6:00	10	12:06	102	14:51
Last lap Finish	3.25	19:40	6:03	10	5:36	97	7:11	9.75	58:46	6:01	10	17:30	102	22:01