



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

KURZAY, Thomas

Club: -

Number: 421

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 59:14

Speed: 9.12 km/h

Running performance: 6:05 min/km

Rank in course/Total: 139 (of 215)

Rank in course/Men: 104 (of 134)

Best time in course: 36:45

Rank in category: 16(of 22)

Best time in the category: 38:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:44	5:45	16	6:34	105	7:12	3.25	18:44	5:45	16	6:34	105	7:12
Lap 2	3.25	20:37	6:20	17	7:37	106	8:02	6.50	39:21	6:03	15	14:11	103	15:06
Last lap Finish	3.25	19:53	6:07	16	6:52	101	7:24	9.75	59:14	6:04	16	20:55	104	22:29