



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHLICHTIG, Karl

Club: DJK Teutonia Gaustadt

Number: 196

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 41:25

Speed: 13.04 km/h

Running performance: 4:15 min/km

Rank in course/Total: 15 (of 215)

Rank in course/Men: 15 (of 134)

Best time in course: 36:45

Rank in category: 2(of 11)

Best time in the category: 41:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:10	4:03	2	0:14	16	1:38	3.25	13:10	4:03	2	0:14	16	1:38	
Lap 2	3.25	14:11	4:21	2	0:07	16	1:36	6.50	27:21	4:12	2	0:21	16	3:06	
Last lap Finish	3.25	14:04	4:19	1	-	15	1:35	9.75	41:25	4:14	2	0:09	15	4:40	