



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

LAUBE, Sophia

Club: -

Number: 124

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:00:07

Speed: 8.98 km/h

Running performance: 6:10 min/km

Rank in course/Total: 147 (of 215)

Rank in course/Women: 40 (of 81)

Best time in course: 41:42

Rank in category: 9(of 12)

Best time in the category: 49:06

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:40	5:44	7	3:07	34	5:16	3.25	18:40	5:44	7	3:07	34	5:16
Lap 2	3.25	20:57	6:26	10	4:20	47	7:02	6.50	39:37	6:05	9	7:10	41	12:18
Last lap Finish	3.25	20:30	6:18	8	3:51	39	6:07	9.75	1:00:07	6:09	9	11:01	41	40:54