



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HEUMUELLER, Steve

Club: Brigade 0

Number: 79

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:00:30

Speed: 8.93 km/h

Running performance: 6:13 min/km

Rank in course/Total: 153 (of 215)

Rank in course/Men: 110 (of 134)

Best time in course: 36:45

Rank in category: 18(of 22)

Best time in the category: 38:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:02	5:32	14	5:52	92	6:30	3.25	18:02	5:32	14	5:52	92	6:30
Lap 2	3.25	21:35	6:38	18	8:35	114	9:00	6.50	39:37	6:05	16	14:27	105	15:22
Last lap Finish	3.25	20:53	6:25	18	7:52	111	8:24	9.75	1:00:30	6:12	18	22:11	110	23:45