



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

GÜNTZEL, Wieland

Club: Lok Themar

Number: 58

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:00:43

Speed: 8.89 km/h

Running performance: 6:14 min/km

Rank in course/Total: 154 (of 215)

Rank in course/Men: 111 (of 134)

Best time in course: 36:45

Rank in category: 7(of 10)

Best time in the category: 43:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:22	5:57	7	5:40	112	7:50	3.25	19:22	5:57	7	5:40	112	7:50
Lap 2	3.25	20:27	6:17	7	5:40	103	7:52	6.50	39:49	6:07	7	11:20	108	15:34
Last lap Finish	3.25	20:54	6:25	7	5:56	112	8:25	9.75	1:00:43	6:13	7	17:16	111	23:58