



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HARTMANN, Katja

Club: Kópavogur Ísland

Number: 65

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:00:19

Speed: 8.95 km/h

Running performance: 6:11 min/km

Rank in course/Total: 151 (of 215)

Rank in course/Women: 42 (of 81)

Best time in course: 41:42

Rank in category: 7(of 13)

Best time in the category: 42:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Lap 1	3.25	19:10	5:53	6	5:40	39	5:46	3.25	19:10	5:53	6	5:40	39	5:46
Lap 2	3.25	20:20	6:15	7	5:51	40	6:25	6.50	39:30	6:04	7	11:31	40	12:11
Last lap Finish	3.25	20:49	6:24	7	6:09	42	6:26	9.75	1:00:19	6:11	7	17:40	43	41:06