



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

FECHNER, Sonja

Club: LC Marathon Rotenburg

Number: 38

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:01:35

Speed: 9.50 km/h

Running performance: 6:19 min/km

Rank in course/Total: 158 (of 215)

Rank in course/Women: 47 (of 81)

Best time in course: 41:42

Rank in category: 7(of 14)

Best time in the category: 47:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:54	6:07	10	4:39	48	6:30	3.25	19:54	6:07	10	4:39	48	6:30
Lap 2	3.25	20:40	6:21	7	4:44	45	6:45	6.50	40:34	6:14	8	9:23	50	13:15
Last lap Finish	3.25	21:01	6:28	7	4:52	46	6:38	9.75	1:01:35	6:18	7	14:15	48	42:22