



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WENDISCH, Jan

Club: tagitron GmbH

Number: 245

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:03:51

Speed: 9.16 km/h

Running performance: 6:33 min/km

Rank in course/Total: 168 (of 215)

Rank in course/Men: 116 (of 134)

Best time in course: 36:45

Rank in category: 11(of 14)

Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:41	5:44	9	5:02	104	7:09	3.25	18:41	5:44	9	5:02	104	7:09
Lap 2	3.25	22:00	6:46	11	7:32	117	9:25	6.50	40:41	6:15	11	12:34	114	16:26
Last lap Finish	3.25	23:10	7:07	11	8:43	118	10:41	9.75	1:03:51	6:32	11	21:17	116	27:06