



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHLICHTIG, Ursula

Club: DJK Teutonia Gaustadt

Number: 198

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:04:29

Speed: 8.37 km/h

Running performance: 6:37 min/km

Rank in course/Total: 172 (of 215)

Rank in course/Women: 56 (of 81)

Best time in course: 41:42

Rank in category: 3(of 7)

Best time in the category: 49:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	20:04	6:10	4	2:46	50	6:40	3.25	20:04	6:10	4	2:46	50	6:40	
Lap 2	3.25	22:08	6:48	4	5:41	57	8:13	6.50	42:12	6:29	4	8:27	55	14:53	
Last lap Finish	3.25	22:17	6:51	4	6:39	60	7:54	9.75	1:04:29	6:36	3	15:06	57	45:16	