



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHÜCKER, Silvia

Club: Whynotmusic

Number: 210

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:06:28

Speed: 8.12 km/h

Running performance: 6:49 min/km

Rank in course/Total: 177 (of 215)

Rank in course/Women: 60 (of 81)

Best time in course: 41:42

Rank in category: 10(of 12)

Best time in the category: 41:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:52	6:43	10	8:28	69	8:28	3.25	21:52	6:43	10	8:28	69	8:28
Lap 2	3.25	22:23	6:53	10	8:28	60	8:28	6.50	44:15	6:48	10	16:56	64	16:56
Last lap Finish	3.25	22:13	6:50	10	7:50	57	7:50	9.75	1:06:28	6:49	10	24:46	61	47:15