



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**FALK, Hartmut**

Club: -

Number: 36

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:06:29

Speed: 8.80 km/h

Running performance: 6:49 min/km

Rank in course/Total: 179 (of 215)

Rank in course/Men: 118 (of 134)

Best time in course: 36:45

Rank in category: 9(of 10)

Best time in the category: 43:27

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:32	6:19	10	6:50	120	9:00	3.25	20:32	6:19	10	6:50	120	9:00
Lap 2	3.25	23:16	7:09	9	8:29	120	10:41	6.50	43:48	6:44	9	15:19	119	19:33
Last lap Finish	3.25	22:41	6:58	9	7:43	116	10:12	9.75	1:06:29	6:49	9	23:02	118	29:44