



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

KNOBLOCH, Doreen

Club: -

Number: 102

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:07:26

Speed: 8.01 km/h

Running performance: 6:55 min/km

Rank in course/Total: 183 (of 215)

Rank in course/Women: 64 (of 81)

Best time in course: 41:42

Rank in category: 10(of 14)

Best time in the category: 47:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:39	6:21	12	5:24	60	7:15	3.25	20:39	6:21	12	5:24	60	7:15
Lap 2	3.25	23:03	7:05	12	7:07	66	9:08	6.50	43:42	6:43	11	12:31	62	16:23
Last lap Finish	3.25	23:44	7:18	12	7:35	69	9:21	9.75	1:07:26	6:54	10	20:06	65	48:13