



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MEHLER, Markus

Club: TSV Wernfeld

Number: 138

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 42:35

Speed: 12.68 km/h

Running performance: 4:22 min/km

Rank in course/Total: 21 (of 215)

Rank in course/Men: 20 (of 134)

Best time in course: 36:45

Rank in category: 3(of 19)

Best time in the category: 37:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	13:45	4:13	4	1:59	24	2:13	3.25	13:45	4:13	4	1:59	24	2:13
Lap 2	3.25	14:24	4:25	3	1:24	17	1:49	6.50	28:09	4:19	3	3:23	22	3:54
Last lap Finish	3.25	14:26	4:26	3	1:38	19	1:57	9.75	42:35	4:22	3	5:01	20	5:50