



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHMELLER, Ireen

Club: Haseltalläufer

Number: 201

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:09:46

Speed: 7.74 km/h

Running performance: 7:10 min/km

Rank in course/Total: 192 (of 215)

Rank in course/Women: 71 (of 81)

Best time in course: 41:42

Rank in category: 13(of 14)

Best time in the category: 47:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:19	6:15	11	5:04	54	6:55	3.25	20:19	6:15	11	5:04	54	6:55
Lap 2	3.25	23:14	7:08	13	7:18	68	9:19	6.50	43:33	6:41	10	12:22	61	16:14
Last lap Finish	3.25	26:13	8:03	13	10:04	77	11:50	9.75	1:09:46	7:09	13	22:26	72	50:33