



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WöLKY, Andrea

Club: BSG JVA Würzburg

Number: 254

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:13:02

Speed: 7.39 km/h

Running performance: 7:29 min/km

Rank in course/Total: 195 (of 215)

Rank in course/Women: 72 (of 81)

Best time in course: 41:42

Rank in category: 11(of 12)

Best time in the category: 41:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	23:29	7:13	11	10:05	76	10:05	3.25	23:29	7:13	11	10:05	76	10:05
Lap 2	3.25	24:36	7:34	11	10:41	72	10:41	6.50	48:05	7:23	11	20:46	73	20:46
Last lap Finish	3.25	24:57	7:40	12	10:34	73	10:34	9.75	1:13:02	7:29	11	31:20	73	53:49