



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

GüTH, Mark

Club: TSV Ausbach

Number: 60

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 52:43

Speed: 11.10 km/h

Running performance: 5:25 min/km

Rank in course/Total: 88 (of 215)

Rank in course/Men: 71 (of 134)

Best time in course: 36:45

Rank in category: 6(of 13)

Best time in the category: 37:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:35	5:06	5	5:03	69	5:03	3.25	16:35	5:06	5	5:03	69	5:03
Lap 2	3.25	17:54	5:30	6	5:11	72	5:19	6.50	34:29	5:18	6	10:14	71	10:14
Last lap Finish	3.25	18:14	5:36	6	5:16	72	5:45	9.75	52:43	5:24	6	15:30	71	15:58