



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HEILWAGEN, Rene

Club: Rennsteiglauf verein

Number: 69

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 49:05

Speed: 11.92 km/h

Running performance: 5:02 min/km

Rank in course/Total: 57 (of 215)

Rank in course/Men: 53 (of 134)

Best time in course: 36:45

Rank in category: 6(of 19)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 16:51 | 5:11 | 12 | 3:56 | 75 | 5:19 | 3.25 | 16:51 | 5:11 | 12 | 3:56 | 75 | 5:19 |
| Lap 2 | 3.25 | 16:13 | 4:59 | 4 | 2:35 | 41 | 3:38 | 6.50 | 33:04 | 5:05 | 6 | 6:31 | 57 | 8:49 |
| Last lap Finish | 3.25 | 16:01 | 4:55 | 4 | 2:11 | 37 | 3:32 | 9.75 | 49:05 | 5:02 | 6 | 8:42 | 53 | 12:20 |