



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**HEILWAGEN, Rene**

Club: Rennsteiglauf verein

Number: 69

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 49:05

Speed: 11.00 km/h

Running performance: 5:02 min/km

Rank in course/Total: 57 (of 215)

Rank in course/Men: 53 (of 134)

Best time in course: 36:45

Rank in category: 6(of 19)

Best time in the category: 40:23

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:51	5:11	12	3:56	75	5:19	3.25	16:51	5:11	12	3:56	75	5:19
Lap 2	3.25	16:13	4:59	4	2:35	41	3:38	6.50	33:04	5:05	6	6:31	57	8:49
Last lap Finish	3.25	16:01	4:55	4	2:11	37	3:32	9.75	49:05	5:02	6	8:42	53	12:20