



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MENG, Jana

Club: Laufgruppe Treffurt

Number: 139

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 42:39

Speed: 13.72 km/h

Running performance: 4:22 min/km

Rank in course/Total: 22 (of 215)

Rank in course/Women: 2 (of 81)

Best time in course: 41:42

Rank in category: 1(of 13)

Best time in the category: 42:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	13:30	4:09	1	-	2	0:06	3.25	13:30	4:09	1	-	2	0:06
Lap 2	3.25	14:29	4:27	1	-	2	0:34	6.50	27:59	4:18	1	-	2	0:40
Last lap Finish	3.25	14:40	4:30	1	-	2	0:17	9.75	42:39	4:22	1	-	3	23:26