



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HÖLZEL, Sigi

Club: Sportshop-Triathlon Team

Number: 88

Course: 9.75 km

10 km Lauf

Category:

Senioren M75 (75-79 Jahre)

Total time: 1:20:40

Speed: 6.69 km/h

Running performance: 8:16 min/km

Rank in course/Total: 207 (of 215)

Rank in course/Men: 129 (of 134)

Best time in course: 36:45

Rank in category: 2(of 2)

Best time in the category: 1:20:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	25:22	7:48	2	0:59	132	13:50	3.25	25:22	7:48	2	0:59	132	13:50
Lap 2	3.25	27:21	8:24	2	0:20	130	14:46	6.50	52:43	8:06	2	1:19	130	28:28
Last lap Finish	3.25	27:57	8:35	1	-	126	15:28	9.75	1:20:40	8:16	2	0:39	129	43:55