



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WEILBEER, Mirko

Club: Meuchelmörder

Number: 242

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 42:59

Speed: 12.56 km/h

Running performance: 4:25 min/km

Rank in course/Total: 23 (of 215)

Rank in course/Men: 21 (of 134)

Best time in course: 36:45

Rank in category: 2(of 14)

Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:55	4:16	4	0:16	28	2:23	3.25	13:55	4:16	4	0:16	28	2:23
Lap 2	3.25	14:33	4:28	2	0:05	21	1:58	6.50	28:28	4:22	2	0:21	26	4:13
Last lap Finish	3.25	14:31	4:28	2	0:04	21	2:02	9.75	42:59	4:24	2	0:25	21	6:14