



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

GÜTSCHOW, Mike

Club: Wartenberger SV

Number: 61

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:54:18

Speed: 4.72 km/h

Running performance: 11:43 min/km

Rank in course/Total: 210 (of 215)

Rank in course/Men: 131 (of 134)

Best time in course: 36:45

Rank in category: 14(of 14)

Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	35:28	10:54	14	21:49	134	23:56	3.25	35:28	10:54	14	21:49	134	23:56
Lap 2	3.25	41:28	12:45	14	27:00	134	28:53	6.50	1:16:56	11:50	14	48:49	134	52:41
Last lap Finish	3.25	37:22	11:29	14	22:55	131	24:53	9.75	1:54:18	11:43	14	1:11:44	131	1:17:33