



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SANDRO, Besold

Club: Bautzener LV Rot-Weiß 90

Number: 488

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:32:51

Speed: 14.22 km/h

Running performance: 4:05 min/km

Rank in course/Total: 4 (of 261)

Rank in course/Men: 4 (of 215)

Best time in course: 1:25:10

Rank in category: 2(of 19)

Best time in the category: 1:25:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:05	3:43	3	0:47	6	0:47	3.25	12:05	3:43	3	0:47	6	0:47
Lap 2	3.25	11:49	3:38	1	-	1	-	6.50	23:54	3:40	2	0:33	2	0:33
Lap 3	3.25	14:28	4:27	6	2:16	26	2:16	9.75	38:22	3:56	3	2:49	8	2:49
Lap 4	3.25	13:12	4:03	2	0:46	3	0:46	13.00	51:34	3:58	3	3:35	7	3:35
Lap 5	3.25	13:22	4:06	2	0:52	4	0:52	16.25	1:04:56	3:59	2	4:27	3	4:27
Lap 6	3.25	13:38	4:11	2	1:10	2	1:10	19.50	1:18:34	4:01	2	5:37	3	5:37
Last lap Finish	3.25	14:17	4:23	3	2:04	16	12:11	22.75	1:32:51	4:04	2	7:41	6	1:30:45