



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

ARERA, Oliver

Club: Forstenrieder SC

Number: 302

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:36:42

Speed: 14.12 km/h

Running performance: 4:15 min/km

Rank in course/Total: 12 (of 261)

Rank in course/Men: 12 (of 215)

Best time in course: 1:25:10

Rank in category: 2(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:38	3:53	2	0:34	14	1:20	3.25	12:38	3:53	2	0:34	14	1:20
Lap 2	3.25	13:44	4:13	3	0:42	16	1:55	6.50	26:22	4:03	2	1:16	14	3:01
Lap 3	3.25	14:03	4:19	2	0:48	14	1:51	9.75	40:25	4:08	2	2:04	13	4:52
Lap 4	3.25	14:19	4:24	2	0:38	18	1:53	13.00	54:44	4:12	2	2:42	14	6:45
Lap 5	3.25	14:21	4:24	2	0:35	16	1:51	16.25	1:09:05	4:15	2	3:17	14	8:36
Lap 6	3.25	14:09	4:21	2	0:15	11	1:41	19.50	1:23:14	4:16	2	3:32	13	10:17
Last lap Finish	3.25	13:28	4:08	1	-	6	11:22	22.75	1:36:42	4:15	2	3:20	14	1:34:36